

May 2019
Edition

Lions 105M Midland News



Welcome to your new look news from around the District

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Rugby Rokeby Lions Club

Celebrate 50 For Rugby Rokeby Lions Club 2018 saw the completion of 50 years of service to the people of Rugby and surrounding area.



It began with a local Doctor Alex Smith understanding the need for an organisation to help those in need or with difficulties in their daily life.

As a new small group of keen volunteers one of the first projects Lions undertook was to roll up their sleeves and physically build a swimming pool for a special school in the town. This laid down the challenge for successive Lions to carry on the good work.

Since 1968 projects have been many and varied some more successful than others but all for a common aim. Donkey Derby's, Gala Boxing Evenings, Fun Days, trips out for the young and the elderly to name a few. One very regular successful event was to run a casino evening for another organisation or charity for a small fee with the money raised during evening going to the organisation. £68,000 was raised in this way over the years that these events ran.



In the past ten years the club has organised a sponsored walk around Draycote Water and each year the proceeds have been donated to the local Warwickshire and Northamptonshire Air Ambulance with the 2018 collection bringing the total to £50,000.

The Shrove Tuesday fancy dress pancake race is not only a fun time for the townspeople but an excellent way of keeping warm on a cold February day.



The event is targeted at a specific cause in the town which always encourages people and businesses to take part.



Keeping with the theme of variety Rugby Lions have a wide ranging menu both for fundraising, support and for the social life of the Club. The Fellowship of Lions being as important as the service we give. The annual Charter Dinner and Dance is surely the highlight of the social Calendar bringing together Club Zone and District for a night to celebrate the work Rugby Lions Rokeby Club does for the community and also to thank all members, wives, partners and friends for all the hard work they all put in throughout the year.



Service is paramount to the Lions and one of the organisations supported is the Rugby talking newspaper which Lions have continued to support over many years. Lions are responsible for copying the recorded news onto memory sticks for those in the community who are blind or partially sighted.



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Christmas is always a busy time for the Club as our



Santa and his Sleigh travels round the streets of Rugby visiting the children every night of the week including Saturday.

Each Friday, Saturday and Sunday Santa is outside the supermarkets and at the Shopping centre from eight in the morning until four in the afternoon. In 2018 we collected £18,500 our largest collection to date.

This Makes it all worthwhile [An extract from a letter]

This life changing event from your donations I wanted to say thank you to Rugby Rokeby Lions which have made an amazing difference to our family's lives.



George has an extremely rare condition called ABCA3 surfactant deficiency (Childhood interstitial lung disease)

Well the lovely people from Rugby Rokeby Lions came and gifted a Vitamix blender. This gave me the equipment to do a blended diet (blending

normal meals to go down his tube). The changes have been amazing, overall George has become a new little boy and we will be forever thankful.

Here's to the next 50 years

Membership Strengths Recognised During the recent regional meeting of Lions Clubs Jenny Clarke, the President of Corby & District Lions was invited to accept an award on behalf of the club for growth of membership with no less than six new members joining over past months. Though membership within Lions is growing with Lions International being the largest service organisation across the globe, the increase at Corby has been excellent.

That's not to say we'll stop at getting just six new members. We need more to help us do more whilst they make friends with likeminded other members and enjoy our diverse range of regular social events from canal boat trips to ten pin bowling and more".

Members of Corby & District Lions are seen out and about in Corby on a regular basis. We invite anyone to say hello and see how by simply volunteering to give what time they can and using their life skills and experiences it is so easy to give something back to their community while having a lot of fun doing it.



President of Corby District Lions, Jenny Clarke (centre)

with Lions District Governor Stewart Sherman-Kahn (left of image) & Miklós Horváth Director of the International Association of Lions Clubs (right)



Rugby Rokeby Lions £1500 cheque presentation.



The money was raised from the annual bridge tournament.

The Myton Hospices believe everyone in Coventry and Warwickshire should live well towards the end of their life and have the right to a good, natural death, the way they want it to be and with their loved ones supported.

The Myton team provide high quality, specialist care to people whose condition no longer responds to curative treatment, from diagnosis to death. We aim to meet their physical, psychological, spiritual and social needs and ensure their families are supported both through and after this difficult time. We are also committed to training, supporting and encouraging other care providers to practise good palliative care.

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PSA blood testing is currently the only diagnostic test available to detect prostate disease in its early stages. Prostate cancer is the most common cancer among men in the UK.

The blood samples have been sent off for analysis, with the results being reported back to participants within three weeks. Statistically, some 10% of people tested get a result recommending follow-up with their GPs, although in about three quarters of cases the reason for a moderately raised PSA level may be due to causes other than cancer.

On behalf of Kenilworth Lions Phil Inshaw said, "The attendance for our drop-in session was very satisfying and we thank all those who turned up and for their positive feedback. We would also thank the United Re-



formed Church for the use of their excellent facilities. We will certainly be consid-

ering whether to arrange further testing sessions in the future".

Hinckley and Burbage Lions Club is urging walkers to dust down their boots to help causes close to their heart next month.

Every year the club stage a sponsored walk around the historic Bosworth Battlefield and offer you the opportunity to raise funds for your own project/group as well as Lions supported local good causes.

'So, if you are raising monies for a specific project, please tell us and we will consider additionally donating some of the amount we raise via this event to your project.' she explained.

If you want to join this purely as a 'walk out on a nice day' then you can pay an entrance fee of £5 per person or £10 for a family. 100% of your contribution will go to Lions supported local good causes. Walkers can start from 10am and anyone can then set off, with the last ones going out at 11.30am

There are two routes – the shorter is approx. 1.5 miles long and the longer one around 4 miles. Your leader will be given comprehensive directions at the registration tent.

The Lions have undertaken an extensive risk assessment for both routes, which will be available to view at the registration tent and will also supervise all of the marshalling, as well as having first responders in attendance.

Hinckley & Burbage Lions are a spirited group of people who help and support many local charities, groups and individuals. If you would like more information, please see our website at

https://clubhouse.org/sites/hinckley_burbage/ or
<https://www.facebook.com/hinckleyandburbagelions/>

If you want any further information or entry and sponsorship forms, then please contact Lion Bill Powell (Walk Organiser), via: email: wap1@hotmail.co.uk or telephone: 01455 823080 or 07393 682558 for further details.

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Lions Message in a Bottle IT COULD SAVE YOUR LIFE And it's FREE



This is a simple idea designed to encourage people to keep their basic personal and medical details on a standard form and in a common location – the fridge!

It saves the Emergency Services valuable time if they need to enter a property in an emergency situation. Not only does it help to identify who you are it also identifies if you have special medication or allergies. It is not only a potential lifesaver, but also it provides peace of mind to you, your friends and family by knowing that prompt medical treatment is provided and that the next of kin and emergency contacts are notified. Whilst it is focused on the more vulnerable people in a community, anyone can have an accident in the home, so this scheme can benefit anyone.

Photo: To advertise with us please call 01914 299243 or email info@lionsofmidlandmessage.co.uk

All Emergency Services are aware of the Message in a Bottle scheme, by displaying the green stickers in your home, the emergency services will locate the bottle in the fridge and use the forms inside to ensure you are treated quickly which can save time and save lives.

The bottle contains a form for your name, medicines, allergies & relatives contact details and two green stickers.

Fill in the form, put it in the bottle. Put the bottle in your fridge. Put one green sticker on your fridge door and the other green sticker on the INSIDE of your house door.

You may find the bottles displayed in your local GP's surgery, Local Pharmacy. If you have any difficulty locating a bottle please use the contact as below.

If you would like to know more about what Lions do then contact:
Mike Barker on 01922 454558
or at:
lionsofmidland@talktalk.net



Warwick Lions Club
Registered charity 510021

**FREE DIABETES TESTING
and life style advice.**

**Saturday 18th. May 2019
9am-4pm
WARWICK RETAIL MARKET
Market Square, Warwick.**

Silver Star Mobile Diabetes Unit Sponsored by Warwick Lions

Harborough Twenty 12 - 2019 Charity Music Night



EastWest at full throttle at the Harborough Twenty 12 Lions Club 8th Charity Music Night

Harborough Twenty 12 Lions Club held their 8th Charity Music Night on Saturday April 6th at Our Lady of Victories Church Hall.

Five live acts performed for over two and a half hours to an appreciative capacity audience of over one hundred who enjoyed not only the music but hot food, cakes and a licenced bar which proved so popular fresh supplies of beer and cider had to be sent out for four times during the evening! Over £1000 was raised for this year's charity Dementia Harborough.

The club would like to thank Richard Matthews, Three of Clubs, Whale and EastWest for donating their musical talent free of charge, Father Owen for the use of the hall and Harborough FM, The Harborough Mail, Two Birds Countryside Spirits, Tesco, Nomad Ltd, Majestic Wine and the Co-op for help and donations.

The Warwick Lions Present a Fundraising Charity Concert

Spa Strummers
LEAMINGTON SPA'S UKULELE GROUP

& Special Guest Spam Ayres

Saturday 11th May 7.30pm (doors open 7pm)
St.Nicholas Church, Warwick, CV34 4JD
An evening of 50's 60's 70's feelgood, country, rock&roll classics performed on the ukele.
Tickets are only £8 available from
Warwick Arms Hotel (CV34 4AT) 01926 492759
& Presto Music, Park St, Leamington (CV32 4QN)
Limited availability on the door.
Charity no. 510021

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Kettering and Corby Lions recently came together with friends and family and enjoyed a social evening of Skittles at The Britannia Club, Burton Latimer.



An amazing buffet was organised and prepared by Kettering Lion Pam and daughter-in-law Mandy for the hungry players.



The skittles games finally came down to two opponents, and victory was claimed by Kettering Lion Chris Clark.

Coventry Leofric Lions Easter 2019



What an amazing Easter we have had at Coventry Leofric Lions Club, we have utilised this time of the year to raise funds for local good causes and charities along side our Club's Charity account by placing sixty 1KG Easter Eggs out in the community with local businesses, shops, organisations, sports clubs etc.

Each egg has raised an average of £100 meaning that this year we have raised over £6,000 that is going to be spent on local good causes - a fantastic achievement that is making a real difference to the community we serve.

We have also supported the Eggbola in conjunction with the Coventry Building Society for a local Coventry Charity - This Is Me. This organisation helps young people who have been bullied or have undergone a significant amount of stress at a young age and provides projects to build confidence and interact with their peers and adults - a project that is delivering hands on help across our City.

Finally we supported Coventry Cathedral who organised a Easter Sunday lunch for homeless children and families from across the City. The Cathedral wanted to be able to give every child an Easter treat and our club happily helped by donating eggs to be given out.

Thank you to all our club members and the members of the public who have supported our charitable fund raising this Easter we are hoping to have even more eggs out in the community next year



Great to see one of our Club Members Lion Stuart Young and his Husband Martyn supporting Limassol (Coeur De Lion) Cyprus Lions Club at their Easter Bonnet & Fund Raising Event.

Superb entertainment, fabulous Easter Bonnet Parade and wonderful Lions company all raising funds for local good causes including Childhood cancer

It is fantastic to be able to work in collaboration with a club 2,000 miles away, in a country that speaks a different language but the same ethos of Service bringing us together to make a difference.

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