



## DISTRICT GOVERNOR'S NEWSLETTER

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### FABULOUS FORUM?

Well I certainly enjoyed Autumn Forum on 20<sup>th</sup> October and, from the feedback I've received, so did many of the just under 100 Lions in attendance from 30 Clubs. I really would like to hear from more of you though.

For those who were there, let me know what you enjoyed about the day and what you didn't. For those who weren't there, let me know why not and what could we do to get you there next year?

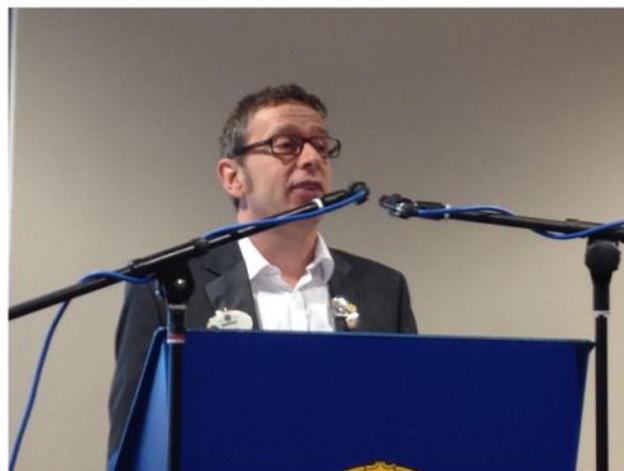


The day started with a presentation from me on "achieving our potential".

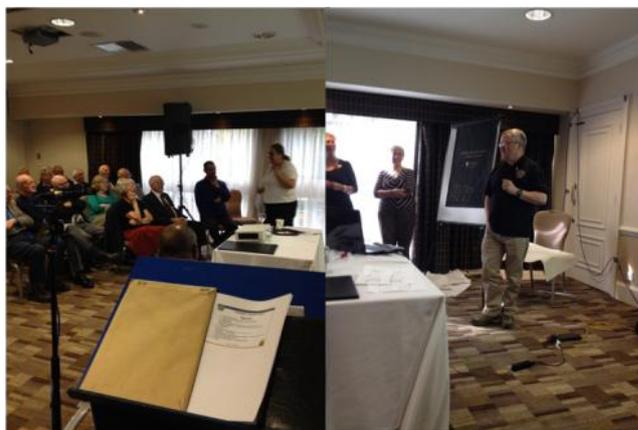
This included some lively discussion and my seven Cs approach to healthy clubs:

- Community – reputation for service
- Communication – effective multi-channel PR
- Cooperation – with other Lions Clubs
- Collaboration – other organisations
- Commonality – projects run by all clubs
- Contribution – to LCIF
- Celebration – of everything we do

The full presentation is available on the District website [http://www.lions105m.org.uk/autumn%20forum/2013\\_Achieving%20our%20potential.pdf](http://www.lions105m.org.uk/autumn%20forum/2013_Achieving%20our%20potential.pdf)



Our two workshops covered membership retention "A Lion is for life not just for Christmas" and "working together".



The training team cleverly took the Dogs Trust's guidance on looking after puppies and translated it to Lions. You can find the full presentation on the District website: [http://www.lions105m.org.uk/autumn%20forum/2013\\_Members%20are%20for%20life.pdf](http://www.lions105m.org.uk/autumn%20forum/2013_Members%20are%20for%20life.pdf)

The Health, International and Youth Chairs jointly talked about the benefits of cooperation with Lions Clubs here and around the world.

**Please circulate to all Club Members**

### AUTUMN FORUM CONTINUED

All the delegates enjoyed a three course buffet lunch and an opportunity to meet new and old friends.



### Me & Dee

After lunch Christine introduced her charity for the year, Me & Dee, and its founder Maria Hanson who gave an emotional presentation that certainly brought lumps to the throat and tears to the eyes.

So much so that an impromptu collection raised just over £200, a good start to the appeal, which could sponsor 20 comfort packs or pay for two families to have a week's holiday in the charity's caravan.



The Communications team then gave a very interesting presentation on the use of social media, including some "how to" videos which are available on the district website:

How to create a facebook page:

<http://www.youtube.com/watch?v=PXla-eFiprw&feature=youtu.be>

Privacy Settings on Personal Profiles:

[http://www.youtube.com/watch?v=qlgmlTVP\\_ZI&feature=youtu.be](http://www.youtube.com/watch?v=qlgmlTVP_ZI&feature=youtu.be)



Anatomy of a tweet:

<http://www.youtube.com/watch?v=hjUHkRwAS3o&feature=youtu.be>

Hashtags:

<http://www.youtube.com/watch?v=HfVXPNJBC9I>

**Please circulate to all Club Members**

### AUTUMN FORUM CONTINUED

The 2014 Convention Host Committee announced details of the Convention, with a package deal covering all events and accommodation available at £240 per couple or £170 per person.



More details can be found elsewhere in this newsletter, on the district website, or by contacting [convention@lions105m.org.uk](mailto:convention@lions105m.org.uk).

The day finished with a Q&A session involving the DG Team and committee chairmen.



I would like to thank all those who attended and who helped organise and run the event.

Please provide your feedback so we can make next year's event even better.

### UPDATE ON TEENAGE CANCER TRUST - A Message from Jackie Anstice

First of all I would like to thank all the clubs that have supported my chosen charity, 'Teenage Cancer Trust'. I set out at the beginning of last year, hoping that we would raise a few thousand pounds, and was staggered at the end of the year that, through the generosity of the Lions in this District, we managed to raise £10,151-37p and it is still possible that there will be another £250.

In addition to that figure, I know there has been £1,655 that has been raised and has gone directly to 'Teenage Cancer Trust'. This is truly an amazing figure.

I recently visited the Teenage Cancer Trust unit at the QEH in Birmingham, to see how this money can best be spent. I was amazed by the unit at the hospital - it is truly a home-from-home for these young people, with all the facilities that a teenager would have at home.



Jackie with Mike Hammond, Chief Executive, Queen Elizabeth Hospital Birmingham Charity and the ward sister

At the beginning of the year, I anticipated there would be a piece of equipment that the ward would need, but Teenage Cancer trust has supplied everything. However, they do not provide the money for some of the essential everyday things to help these patients through their treatment. The money you have generously given will go towards providing some of these needs. Lions will get full recognition for the donation with posters and stickers on all the individual items.

Thank you all for making a difference to these young people, helping them through one of the most difficult times in their young lives and helping them to see that this is not the end and that they have a future to look forward to.

Thank you all for "touching the hearts of those in need".

**Please circulate to all Club Members**

**DISTRICT 105M CONVENTION 2014**

Friday 21st – Sunday 23rd march

A Package has been put together to include 2 nights Bed & English Breakfast, Host Night, Saturday Lunch, Morning Coffee on Saturday, Banquet & Entertainment, Morning Coffee on Sunday. (Unless pre-booked, Coffee/Tea will be £2 per cup on the day.)

The Cost £240 per couple – £170 Single Occupancy. We have a limited number of Bedrooms reserved at these prices and will be working on a first come first served basis.

All bookings for Hotel & Functions to be made on our Official Booking Form and returned with full payment to the Convention Booking Officer Lion Terry Smith. Confirmation of your booking will be sent via email.

**REGISTRATION DESK**

This will be set up from 4pm – 6.30pm on Friday 21st & from 8am – 10.am on Saturday 22nd

**STALLS & DISPLAYS**

Please email Convention Chairman with your requirements: [convention@lions105m.org.uk](mailto:convention@lions105m.org.uk)

**HOST NIGHT**
**BANQUET & ENTERTAINMENT**

We have secured the services of Daniel Harris – a well-known entertainer from the South.

**BUSINESS SESSION**

Full details of the Programme, together with all the reports, will be emailed out by the District Secretary in February 2014.

**INTERNATIONAL GUEST**

We have had confirmation that our International Guest is ID Kenneth Persson from Sweden. We anticipate that he will hold a Q & A session on Sunday am.

**ON YOUR MARKS...GET SET...GOING**

In support of Christine's charity of the year, Me & Dee, I am challenging the district to find me at least one 10K to 10 mile race in each zone to run during the year.

I have now completed the first two of these races, the Shirley Lions Fun Run, in a time of 53 minutes for the just over 10K route, and the Balls to Cancer Family Fun Run in Wolverhampton in 22:30 for just under 5K.

A much warmer day at Wolverhampton than at Shirley and not such good preparation, having been royally entertained by Bilston & Willenhall Lions at their Charter Anniversary the night before.

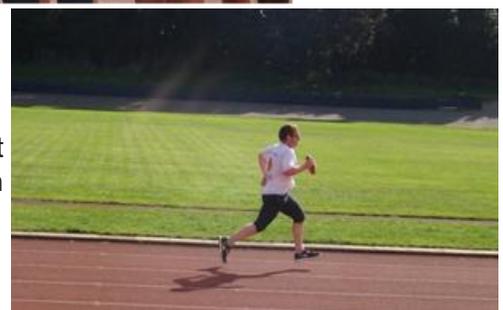


My Preparation obviously went well judging by my expression!



Waiting for the Start.

The Sprint Finish



**Please circulate to all Club Members**



With Lion President Andrew Coope and Lion Trevor Jones after the race

Thank you to those who have already sponsored me but, for those who haven't, you can do so online at <https://mydonate.bt.com/events/medeerun/102104>

For an added incentive, if you add a comment when making your donation, guessing the total time it will take me for all the races, I will give a prize at the end of the year to whoever gets closest.

My next race is the Lutterworth Santa Run on 1<sup>st</sup> December where I will be joined by Zone Chairman Sarah Hill for just over 5K in a Santa suit..

Zone A – **Balls to Cancer 5k – 22:30**

Zone B – TBC

Zone C – **Shirley Fun Run 10K – 53 minutes**

Zone D – Great Midlands Fun Run 8.5 miles  
1 June

Zone E – Shakespeare half marathon – 20 April

Zone F – Blakedown Bolt - 20 June

Zone G – TBC

Zone H – TBC

Zone I – Lutterworth 5K Santa Fun Run –  
1 December

Please find me races, preferably with a Lions connection, and email me the details to [dg@lions105m.org.uk](mailto:dg@lions105m.org.uk).

## DG TEAM TRAVELS

The following is a list of club visits, Charter Anniversaries and other events that members of the District Governor team will be undertaking in the next couple of months. If you are President or Secretary of your club next year, and have not yet confirmed your visit date, please contact my club visits officer, Mick Taylor ([micky.t1@tesco.net](mailto:micky.t1@tesco.net))

### District Governor

#### November

3 Charter – Harborough Twenty 12  
4 Club visit - Barwell & Earl Shilton  
6 Malvern It's a Knock Out  
6 Club visit - Shirley  
7 Club visit - Aldridge & District  
10 Remembrance Day  
11 Club visit – Kingswinford & Stourbridge  
13 Club visit - Coventry Leofric  
14 Club visit - Walsall  
15 & 16 NE Convention  
16 Charter - Coventry Mercia  
18 Club visit - Knowle & Dorridge  
23 Charter – Worcester  
24 Cabinet  
24 Young Ambassador District Final  
26 DG Team

#### December

5 Club visit – Corby & District  
9 – 17 Out with Marston Green's sleigh

### 1<sup>st</sup> VDG

#### November

6 Club visit – Warwick  
12 Long Range Planning  
14 Club visit – Dudley  
18 GLT  
24 Cabinet  
24 Young Ambassador District Final  
26 DG Team

### 2<sup>nd</sup> VDG

#### November

5/6 Malvern It's a Knock Out  
12 Long Range Planning  
18 GLT  
21 Zone E meeting  
24 Cabinet  
24 Young Ambassador District Final  
26 DG Team



**Please circulate to all Club Members**

## MAKING THEIR MARK

After a good month last month, October's new members figure is quite low. Nevertheless I would like to welcome the following new members who joined the Family of Lions since my last newsletter:

Raksha Patel – Bushby  
Michelle Anne Smith – Sandwell

## PERMANENT MARKER

At the start of the year I challenged clubs to make a permanent mark on their community.



Recently **Harborough Twenty 12 Lions Club** donated £200 to the Leicestershire & Rutland British Red Cross Big Wheel Appeal. This enabled the purchase of another heavy duty chair by the Red Cross Dial a Wheelchair service based in Leicester, which provides wheelchairs to individuals for a short term loan of up to eight weeks.



Four members of Harborough Twenty 12 Lions Club visited the service and were photographed with their chair, which included a small brass plaque which was engraved "kindly donated by Harborough Twenty 12 Lions Club"

## MAKING MY MARK

There are a number of ways that you can keep up with my activities as District Governor as well as this newsletter.

I try to post what I'm doing on Facebook (Simon Moss and Lions District One O'Fivem) and Twitter (@simonhmoss and @lions105m).

I have also been writing a blog entitled "My Life as a Lion" since I was elected as 2<sup>nd</sup> VDG and I intend to step up the pace on this blog during my year as DG.

You can find it at [lionsimonmoss.com](http://lionsimonmoss.com)

## MARKING OUR CENTENARY

As you should have realised, The International Association of Lions Clubs will be 100 years old in 2017. Preparations have already started at an international level for the celebrations that will take place during the centenary year and Districts and Multiple Districts have been asked to find coordinators to work with LCI, so that the celebrations occur all around the world.

MD105 will shortly be looking for an MD coordinator and I am now looking for someone to fill the role of Centenary Coordinator at District level.

If you are interested please let me know, providing a brief description of any experience or skills you have, within or outside of Lions, that might qualify you for the role.

The post will, of course, be a three year role and so I will be working with the rest of the DG team to find the best candidate.

**Please circulate to all Club Members**